

# Les Restos du Cœur



# Presentation

Created in 1985 by Coluche (a French humorist), « Les Restaurants du Cœur, Les Relais du Cœur ». is an association aimed at helping and giving assistance to the needy with :

- the distribution of free meals
- aid to social integration
- and various social actions...



# BACKGROUND INFORMATION

- September 1985: Coluche in the antenna of Europe 1 radio speaks about his ambition to create a restaurant for the most deprived.
- Winter 1985: Volunteers distribute 8,5 million meals. Jean-Jacques Goldman (a French songwriter and singer) creates the first song/anthem for the association.
- 19 June 1986: death of Coluche in a motorbike accident.



- October 1988: The French Parliament votes unanimously for the Coluche law which consists of tax cuts for people who donate money to charities.
- 1989: “Les Enfoirés” (music group composed of famous singers and actors) give their first concert and a first record is released.
- 1992-1994: Opening of “Les Restaurants bébé du Coeur”.  
“Les Enfoirés” decide to give a concert every year to collect money for the association.



- 1995-1998:

Inauguration of an emergency accommodation on the Seine river:  
“Les péniches du Coeur” (the barge of the Heart) in Paris.

First actions to fight against child illiteracy.





# The Food aid

Several types of food aid:

- Distribution of packed balanced products to cook at home
- Warm cooked meals for the homeless
- A specific help for the babies (baby food and milk)



# Les Restos Bébé du cœur

It is a place where poor families are welcome and where they can find:

- food and milk for their babies and children
- furniture, clothes, equipment
- guidance and counselling

There are 70 “Restaurants Bébé du Coeur” throughout the country.  
in all

They help between 20,000 and 30,000 babies each year.



# Housing

In the emergency shelter on the Seine river, people are welcome for a few nights. Meanwhile they are accompanied by volunteers who give them social, medical and psychological guidance.





# Other types of help:

- Insertion by employment
- Help to people living in the street
- Fight against child illiteracy and after- school accompaniment
- Cultural activities and leisure activities for families
- Social microcredit



# How to help them?

The resources of the association:

- private donations and legacies (40 % in 2007/2008)
- money collected by “Les Enfoirés” (more than 20 %)
- subsidies of public authorities (20 % )
- 13 % from the European Union.

Everybody can help with donations (food, money, clothes...) or time (volunteers).



# A CHARITY CONCERT

